


Dear NDSS Parents, Guardians and Students,

Here is the weekly information update for Wednesday, April 6, 2022

MENTAL HEALTH SUPPORTS ON APP

- Our School App now has a new 'helping hands' icon on the bottom right corner of the tool bar which looks like this: 
- If you open our NDSS school app, and don't see the 'two hands' icon, then you may need to upload the updated version (2022.1.3 for iPhone, 2022.1 for Android) for ['My School Day' App](#) which is now live on both app stores.
- When you click on this icon, it turns blue, and will open to a new feature of our app which lists Mental Health Supports.
- Additional mental health support can be accessed through a referral by a Primary Care Physician. If you need a family doctor, there is a new on line ['Health Connect Registry'](#) to help coordinate your connection when one is available.

LUNCH PROGRAM FOR STUDENTS IN NEED

- NDSS is one of the many schools who receive funds from the [Vancouver Sun's Adopt-A-School Program](#) which are used to feed and clothe children across BC. Our school uses these funds to provide free lunch for any student in need of food.
- Cafeteria staff work very hard to ensure that any student who lines up in the small cafeteria at lunchtime receives a meal.
- They have asked that I remind students and parents/guardians that this is available, if need be, but that it should not be used as a regular "free lunch" simply because they didn't have time to make one or perhaps don't like what was available.
- Families who are not experiencing food insecurity at this time can help us ensure all students eat during the school day by reminding their teen(s) to bring food from home or money to buy a very reasonably priced lunch in the large cafeteria.

UPCOMING EVENTS FOR STUDENTS

- This coming Friday April 8th, Jamie Wood from VIU will be in the library to meet with students who are interested in their programs. Interested students are asked to sign up in the counselling office with Ms. Kemp as spaces will be filling up.
- Want to test your knowledge of cultures around the world? If yes, go to room 128 by April 11th to sign up in teams of 2-4 in room 128 to compete in the Global Committee's Trivia event which will be held in the library on Wed April 13th.
- NDSS School Spirit Wear is available in room 207 for those who ordered school logoed clothing.

PROVINCIAL ASSESSMENTS

- As part of graduation requirements, students write Gr. 10 & 12 Literacy & Numeracy Assessments mandated by the Ministry. These assessments are scheduled to occur twice a year and there is test writing window coming up from April 25-29, 2022.
- The first names and test dates for Gr. 12's, who are not currently taking English 12, and still need to write the Lit 10, Math 10 and/or Lit 12 assessment have been posted in hard copy on the white board across from the main office. Please check.
- Gr. 10's & 12's who are taking English courses this semester will be writing their Lit. assessment during regular class time.

OTHER INFORMATION

- Please keep your teen home if they are sick as per covid guidelines. Staff have noted that some students are at school with runny noses, sneezing and coughing: <https://www2.gov.bc.ca/gov/content/education-training/k-12/covid-19-safe-schools>
- Tonight at 7pm the NDSS [PAC](#) is meeting in our Library Learning Commons. All are welcome and encouraged to attend.
- Here is the link to watch the newest NDSS News Show: <https://nd.schools.sd68.bc.ca/students-parents/ndss-news-show/>