#### NAIMO DISTRICT SECONDARY COMMUNITY SCHOOL NEWSLETTER 355 WAKESIAH AVENUE, NANAIMO, BC V9R 3K5 TELEPHONE: 250-740-2000 FAX: 250-740-2020

#### DATE: DECEMBER 2016

#### **NEWSLETTER #4**

Vision Statement:

Our school provides learning opportunities enabling students and staff to achieve personal excellence and pursue their passions in an inclusive, supportive, and respectful environment. We educate students by teaching skills and modeling attitudes needed to become successful lifelong learners and responsible, caring school and global citizens. Our school honours dignity, purpose, and options for all.

Notre école offre des opportunités d'apprentissage permettant aux élèves et aux enseignant(e)s de réaliser leur propre excellence et de poursuivre leurs passions dans un milieu inclusif, positif, et respectueux. On instruit les élèves en enseignant les habilités et en modelant les attitudes nécessaires pour devenir des apprenant(e)s à vie ainsi que des citoyen(ne)s scolaires et globales/aux responsables et bienveillant(e)s. Notre école fait honneur à la dignité, aux buts et aux options pour tous et pour toutes.

# WELCOME TO THE NEW ENVIRONMENTALLY-FRIENDLY NDSS NEWSLETTER !

A few paper copies will be available in the office if required.

#### PRINCIPAL'S MESSAGE

Hello everyone, December is upon us and we have a busy month ahead. Many great events are planned for this month to help us bring 2016 to a successful conclusion.

The second Annual NDSS Christmas breakfast will be happening on the morning of Thursday, December 22<sup>nd</sup>. This is the courageous attempt of our NDSS staff to feed all of our students a pancake breakfast with all the fixin's! Students will have breakfast served from 8:00-9:30 a.m. with regular classes starting at 9:40am. Last year's festive breakfast was such a success that we decided to make this a yearly yuletide tradition!

Mr. Brewer has a terrific Winter Concert planned for the evening of Thursday, December 15<sup>th</sup> at 7:00pm. This will be in our large gym and is a terrific way to catch the holiday spirit. Our Junior and Senior Concert bands will be in fine form on this evening! Please come and sing along with many holiday classics. Continuing with the Fine Arts theme, Mrs. Parker and her team have been working hard to prepare our upcoming Musical Theatre performance at the Port Theatre. This year's show will be "All Shook Up" which is an Elvis themed musical. This will be promoted heavily after our Christmas break.

Athletically, multiple teams have qualified for the various Provincial tournaments this year. Teams that have made provincials this fall have been: The Cross Country Team, Junior and Senior Girls Volleyball, and the Swim Team. The Junior Varsity NDSS Islander football team will be competing against John Barsby at BC Place on December 3<sup>rd</sup>. Along these lines, the Lacrosse Academy competed in the Seattle Space Needle tournament during the first weekend of December. The SilverTips hockey academy also played hockey in front of 300+ NDSS students on Friday, December 2<sup>nd</sup> at the Nanaimo Ice Centre.

On a safety note regarding public transit. It has been brought to our attention that our students catching public transit on Wakesiah across from

#### WELCOME TO OUR NEW STAFF!

Kelsey Price	English
Dawnn Thorson	English
Holly Olsen-Leaf	Art
Ciana Milot	Secretarial

NDSS, are not conducting themselves in a safe manner. NDSS administration and Regional transit will have an increased presence in this area. The intention is for the City of Nanaimo to add a line on the sidewalk to keep students at a safe distance from the road way. NDSS would appreciate parents discussing appropriate conduct while waiting for a city bus, to support our message at school. Regional Transit is concerned about pushing and shoving as the busses approach and have the right to deny access to students acting in an unsafe manner.

Academically, our teachers are still moving forward with the implementation of the new curriculum and new reporting procedures. Within this, NDSS will have new course offerings for next year, and our Grade 8 and 9 students will have new formats for reporting student progress.

NDSS would also like to welcome the following new staff members. Dawnn Thorson and Kelsey Price as our newest teachers. We would also like to welcome Ciana Milot our newest clerical addition. Ciana is replacing Shannon Toolen a long time NDSS secretary who is now enjoying her retirement.

Happy holidays everyone,



# NDSS ISLANDERS WIN PROVINCIAL TITLE OVER BARSBY BULLDOGS





# UNDER THE DOME, BC PLACE STADIUM

NDSS Junior Varsity Football won the school its first ever Provincial title at that level. Playing our rival John Barsby, ND had a halftime score of 10-0 and a final score of 23-0. Finn Bradbrooke captured MVP honors, Clayton Hennessy received the Best Back award and Jake McGonigle was awarded the Best Lineman award for their play during the game.

It was a hard fought game and posting a shut out victory was very much a team effort. Well done Islanders and Roll Green!!

Also, way to go coach Nate Stevenson for coaching our team to this amazing win. Kudos also to Barsby coach, Rob Stevenson, and the Barsby Bulldawgs for their fierce and motivating competition!





Much appreciation to the Nanaimo Bulletin for its ongoing coverage of this epic event!

Check out some of the coverage via the following links:

http://streaming-colo.blackpress.ca:5080/live/streams/ transcoded\_vods/20161201014800-8882.mp4.mp4

http://www.nanaimobulletin.com/sports/403814256.html? mobile=true

# SR. GIRLS VOLLEYBALL

The Senior Girls volleyball team finished 8th at the Provincial Championships this past week. The team faced up against several tough teams and really showed them how much of a force our NDSS team could be. Four North Island teams made it to the Provincials and all placed within the top 10, determining that Island Volleyball is as strong as ever. Each NDSS team member had moments of greatness on the court and the team really came together to support each other. As coach, I am very proud of the girls and all that they've accomplished throughout the season and all the hard work they've put in at each practice, game and workout. I'd like to give a shout out to Alex Behie for winning a second team All-Star award, our team captain Laura Greene for always keeping the team focused and whole, and the rest of the the amazing girls, Alexa Bevis, Keirra Anderson, Jane Robinson, Taylor Olsen, Mahala Grubac, Beth Nailor, Claudia Fletcher, Jenna Falkenberg, Cali LLoyd, Hannah Sommerville and Melodie Dolbec. Thanks for a great season girls!

- Meghan Carver and Jenna Carver, volunteer coaches

# GRADE 10 FRENCH IMMERSION STUDENTS: Discover another culture! Improve your fluency in French! Become more independent! Gain self-confidence! Make new friends! Visit new places! Interested in a FREE exchange to Quebec in your Grade 11 year? See Mme. Cunnian in room 207 for details.

### GRAD PHOTO RETAKES: January 9, 2017

Parents, please expect your grade 12 student to receive a Grad newsletter in the next week or two.

### YEARBOOK CLUB

The yearbook club is really needing students to come out and help make it happen!

Any students who would like to learn a few new computer skills (not difficult, and you will be helped), students who want to be a part of making this piece of NDSS history, or any students who would simply like to help out now and then - please come to a meeting - held on Thursdays from 3:00 - 4:00 pm in Room 300.

Don't forget there is still time to order your yearbook through the office!

# NDSS SEEKING TAP SHOES

NDSS is looking for donations of Tap Shoes for students in order to augment our dance program. If you have any shoes you are no longer using, and wish to donate them, they will be happily received at the office. Thank you!

# **BAND CONCERT**

The NDSS Winter Concert will feature the grade 8 concert band, the grade 9 concert band, the senior concert band and the NDSS jazz band. This concert will start at 7:00PM on Thursday, December 15th and will be held in the large gym. Please come out and support the music program and enjoy some great music!



#### NDSS BASS FISHING CLUB

The NDSS Bass Fishing Club, the Grade 8 Survival Class and the West Coast Wilderness Studies course are looking for donations. If you have anything in the area of fishing, camping, survival, etc and would like to donate it to the students, please contact Mr. Crnkovic. If you are a business and would like to donate an item to our raffle for the April 8th fundraiser, please also contact Mr. Crnkovic. This past weekend both our junior and senior lacrosse teams participated in the Space Needle Shootout in Tukwila Washington.

The Junior team finished with a record of 2-2 with wins over Mercer Island and a select team from Washington state called the Maniax. Their win over the Maniax was their first international win!

The Seniors team finished with a record of 1-3 thanks to a comeback 7-6 win in sudden death Overtime.

All players represented NDSS with pride and competed hard on the field. Great job boys!

### **IMPORTANT INFO FOR GRADE 12S**

All grade 12s please make certain that you have given the office your current, correct mailing address. If your address changes at any time during the year, it is your responsibility to make certain that this information is updated, as your transcripts will be sent to this address.

# TRANSCRIPT REQUESTS

If you wish to order transcripts from the Ministry website after you graduate you must retain your confidential Student PEN number. Your Student PEN number is a 9 digit number at the top of your report card.

STUDENT NAME		GRADE	ATTENDANCE RECORD FOR 2017													NANAIMO LADYSMITH
			Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Total	PUBLIC SCHOOLS
DIV NUMBER	TEACHER	ABSENT				0	0	0	0	0	0	0	0	0		Nanaimo District Secondary - SD6 355 Wakesiah Ave
ATTACHMENTS	STUDENT PEN	LATE	0	0	0	0	0	0	0	0	0	0	0	0	0	Nanaimo, BC V9R 3K5 250-740-2000

Once you have your PEN number please go to the website below to order transcripts.

# **BC High School Transcript Requests**

# **Ministry Transcripts and Certificates**

http://bit.ly/bctranscriptrequest

# Former High School Students

The Ministry of Education will only have your transcript of marks for a B.C. graduation program if you were a student who:

- ▶ Graduated after 1985 in B.C. or Yukon Territory
- Completed a Grade 12 course after 1985
- Attended Grade 12 prior to 1974 in the University Entrance or Academic-Technical Program

Find out how to order your transcript online

# PAINT NITE

Hosted by NDSS Performing Arts to fundraise for our Dance Program. Join us on Thursday, January 19th at 7pm.

Tickets: \$45

This event is only for those 19 years and older. Click on the link for more information, or email: kbarnum@sd68.bc.ca.



https://www.paintnite.com/events/1142161.html

# SWIM CLUB NEWS

Swim Club members from NDSS (as well as Wellington and Dover Bay) attended the Aquatics Provincials in Kamloops the weekend of November 18 & 19, 2016.

We are pleased to announce that ALL students qualified for finals and achieved the following results:

Abby Pallard – Grade 8	16 <sup>th</sup> 50 Free					
Cameron Laturnus – Grade 8	15 <sup>th</sup> 100 Free 16 <sup>th</sup> 50 Breast					
Erin O'Sullivan – Grade 10	8 <sup>th</sup> 50 Back					
Alayna Crane – Grade 12	10 <sup>th</sup> 50 Free 7 <sup>th</sup> 100 Free					
Claire Boudrot – Grade 10	15 <sup>th</sup> 100 Breast					
Ariana Moreno Aleu - Grade 11	12 <sup>th</sup> 100 Breast 9 <sup>th</sup> 100 IM					
Quinn Todd – Grade 11	7 <sup>th</sup> 50 Free 12 <sup>th</sup> 50 Fly 15 <sup>th</sup> 100 IM					
Emre lyidost – Grade 12	5 <sup>th</sup> 50 Free 4 <sup>th</sup> 100 Free 11 <sup>th</sup> 100 Fly					
Relay Team: Holly Kroetsch, Ariana Moreno Aleu , Alayna Crane, Claire Boudrot	10 <sup>th</sup> Medley relay 7 <sup>th</sup> Free relay					

Thank you to Swim Team Coordinator, and parent volunteer, Laurel Laturnus!

#### COMMUNITY SCHOOL CORNER

VIU Practical Nursing students will be at NDSS and Bayview school doing their Community Placement practicum from November 29th to Dec 16th. They will be sharing practical nursing information in some classrooms as well as supporting community initiatives within our school. Please join me in welcoming Tanis Finlay and Sonya Nandha!

December will be a busy month for our Nanaimo Community partners, volunteers will be collecting and shopping for many vulnerable families in our city. I would like to take this time to acknowledge our partners that support our school community not only during the holiday season but throughout the school year.

Loaves and Fishes – Food Flash Mob & Hamperville Nanaimo Volunteer Nanaimo – Christmas Angels Rotary Club of Nanaimo Oceanside – Toy Drive VIU Faculty – Hampers Secret Santa Nanaimo

Registration is still open for Hamperville Nanaimo. Please follow the following link... http://www.hampervillenanaimo.org/

Michelle Swecera Community Schools Coordinator

#### YOUTH SERVICES—ISLAND HEALTH

The NDSS Youth Services will be Thursday afternoons from 12-3:30 p.m. twice a month. Island Health will provide both a public health nurse and a family doctor on the following dates: Oct 6<sup>th</sup> & 20<sup>th</sup>, November 10<sup>th</sup> & 24<sup>th</sup> and December 8<sup>th</sup> &15<sup>th</sup>.

The centre will offer health services by either drop-in or appointments and is open to all students of NDSS School. The centre is located next to the counselling office. Services include low cost birth control and emergency contraception; free pregnancy testing; STI testing and screening; immunizations; and referrals to child youth mental health and addiction services. Physicians will see students for any health/wellness related matters including referrals for x-ray, blood work and mental health support.

Essentially, the students can see a doctor for any reason just as they would in the community at a walk-in clinic. The Youth Centre is intended to allow low barrier services and convenient access for our youth population. Students are welcome to come in with any health related questions or concerns and will be treated with respect and be given outstanding care by our staff. All services are confidential. The centre is closed during regular school breaks such as Winter Break and Spring Break and professional development days.

# STUDENT COUNCIL

Stay up to date about upcoming events!

Like us on facebook: https://www.facebook.com/ NDSSIslanders

Follow us on Twitter @NDSSIslanders

Follow us on Instagram @NDSSIslanders

The **"12 days of Christmas"** is coming to NDSS! Read below and get prepared for these fun spirit days!

- Dec. 12 Start of the food drive please bring a can
- can or other non-perishable food item to school
- Dec. 13 Christmas socks day
- Dec. 14 Santagrams for sale Send a candy cane
- cane and note to a special someone!
  - Dec. 15 Bring a mug and get free hot chocolate in the cafeteria
  - Dec. 16 Tacky sweater day
  - Dec. 19 Door decoration judging prize for the class with the best door!
  - Dec. 20 Santa hats day and pictures with Santa
  - Dec. 21 Candy cane challenge Dress in red, white and green and win prizes!
  - Dec. 22 Everything Christmas day and Christmas brunch
  - Dec. 23 Christmas pjs day

# Latest HOUSE TEAM points GO TEAMS!!

- 1) Raven -2200 2) Orca -1600
- 3) Wolf -1600
- 5) WOII -1000
- 4) Bear 800

# STAFF EMAILS

Want to contact your child's teacher? Staff emails are a more efficient way of contact, and are posted on the School District 68 website: www.sd68.bc.ca On the NDSS website, click on guick links, then staff directory.

#### **COUNSELLOR STUDENT ALLOCATION**

Ms. Al-Hajj:

Mr. Kral:

2016

A-DAVID Francophone, Human Services Davidson—Laidlaw & GTS Ms.Tomiyama: Lam-Poystilla & GTS Preston-Z & GTS Ms. Smith: Ms. Armstrong **International Students Student Support** 

#### NANAIMO DISTRICT SECONDARY SCHOOL

SCHOOL CALENDAR FOR THE 2016-17 SCHOOL YEAR

#### Subject to change

2016	
Dec 12-16 (Mon-Fri)	Interim Reports (Jupiter Grades)
Dec 23 (Friday)	Last day of classes - Winter Break 2017
Jan 9 (Monday)	Schools re-open
Jan 24 (Tuesday)	Last Day of Classes for Grades 8-12
Jan 23-27 (Tues-Fri.)	Provincial Exams Start & Demonstration
	of Learning
Jan 26 (Thursday)	Term 2 Last Day <i>(Tentative)</i>
Jan 30 (Monday)	Semester 2 Day One
Feb 9 (Thursday)	Semester 1 Report Cards (Tentative)
Feb 13 (Monday)	BC Family Day
Feb 20 (Monday)	Non-Instructional Day (District Pro-D)
Feb 21 (Tuesday)	Non-Instructional Day (School based)
Mar 1 (Wednesday)	Interim Reports (Jupiter grades)
Mar 2 (Thursday)	Parent/Teacher Interim Meetings
	Dismissal 1:46pm; Mtgs 2-3pm in class
	rooms
Mar 17 (Friday)	Last Day of classes-Spring Break (2
	weeks)
April 3 (Monday)	Schools Re-open
April 14 (Friday)	Good Friday
April 17 (Monday)	Easter Monday
April 20 (Thursday)	Term 1 Last day
April 21 (Friday)	Term 2 First Day
May 3 (Wednesday)	Report Cards (2:50pm via homerooms)
May 4 (Thursday)	Parent-Teacher Interviews
	Dismiss 1:46pm (Interviews 2-5pm)
May 12 (Friday)	Non-Instructional Day (School Based)
May 22 (Monday)	Victoria Day
May 25 (Thursday)	Aboriginal Graduation (John Barsby)
June 6 (Tuesday)	Athletics Banquet
June 7 (Wednesday)	Grade 8-11 Awards Assemblies Grade 12
	Evening Event (Large Gym)
June 22 (Thursday)	Last Day of Classes Grades 8-12
June 22-29	Prov. Exams/Demonstration of Learning
June 26 (Monday)	Grad rehearsal 3:30 pm (Port Theatre)
June 28 (Wednesday)	Grad Ceremonies 2:00pm (Port Theatre)
June 30 (Friday)	Administrative Day –Schools closed
1	

#### SCREENAGERS

Stay tuned for a showing of the film "Screenagers" - a personal look at how families are coping with kids and screen time and how being connected to devices is effecting relationships and even child development.

https://www.youtube.com/watch?v=LQx2X0BXqZq

#### **CHRISTMAS BREAKFAST**

December 22, 2016 The staff and students will be cooking a Christmas Breakfast for the students of NDSS. We want to encourage all students to join in the fun between 8:30 and 9:30 a.m. in our Cafeteria for a free hot breakfast! We are asking all students to bring one canned food item upon entry to support our local families in need. Thanks to Mr. Steele, Mr. Wilson, Ms. Kempf and Ms. Thor for supporting this event!



#### EVERYBODY DESERVES A SMILE

A huge congratulations to our Global Committee for their hard work collecting donations for Everybody Deserves a Smile! EDAS is a not-for-profit organization that delivers gifts to the homeless to let them know that they are not forgotten at this time of year. The committee managed to collect 130 pairs of socks, 137 scarves, 134 mittens and gloves, 221 toques, 276 toothbrushes and 179 toothpastes. This more than exceeded their goals and they should be very proud! A huge thank you to everyone who donated to this very worthwhile cause.

Thank you to everyone who helped or donated, on behalf of the Global Action Committee!



Central Island Healthy Lifestyles: Shapedown BC 39-1925 Bowen Road, Nanaimo, B.C. V9S 1H1 Phone: 250-755-7955 Fax: 250-755-7946

September 6, 2016

RE: Central Island Healthy Lifestyles: SHAPEDOWN BC

Dear Parents,

We would like to introduce you to a program which is now offered in Nanaimo. This is a free program, which supports children, teens and their famili seeking a healthier lifestyle as a result of struggling with their weight.

#### How does it work?

Shapedown BC is an age-based 10 week program, with 2 sessions per week for children/teens and their families. Positive changes in communication styles, parenting skills, and self-esteem can happen along with improving food choices and increasing family physical activity. There is ongoing support from a Registered Dietitian, Social Worker, Fitness Instructor, and physician.

How do I ioin?

Ask your family doctor, pediatrician, or school counsellor to send us a referral. For more information please call 250-755-7955.

We look forward to hearing from you!

Yours truly.

Central Island Healthy Lifestyles: Shapedown BC



👢 HealthyFamiliesBC 🥮

# **CTC NEWS**

The Career "Transition" Centre (CTC) is a District School/Program(s) that supports student transition from high school to (1) work (direct), (2) work (apprenticeship), (3) trades programs, (4) certificate programs or (5) university courses. See our website for more details and to apply online: www.ctccareerpaths.ca. For general inquiries please call 250-740-2013.

Office Hours

Parents/students can learn more about our programs, Tuesdays, 6-6:30 pm, NDSS, Meeting Room A. Individual, evening appointments can be booked, Tuesdays, 6:30 – 7:00 pm, 7:00-7:30 pm or 7:30-8:00 pm. Please call 250-740-2090 to book an appointment.

Students can meet with a CTC Coordinator at school. A CTC sign-up sheet is available in the counseling office.

Trades and Applied Skills – Registration is OPEN (18 different programs)

Trades and Applied Skills programs allow high school students to earn high school credit and complete post-secondary training (i.e. foundation + level 1). Tuition costs are covered by the CTC; students pay for other costs such as application fee, student fees, medical, books, tools, etc. Post-secondary partners include VIU, VCC, Camosun and BCIT. To find out more about this program contact Rob Gowan-Smith, rob.gowan-smith@sd68.bc.ca.

Discovery Trades – Registration is OPEN (12 credits – VIU Campus)

Discovery Trades is a 3-month, hands-on "Trades Sampler" offered at VIU. Students attend VIU, Feb-April, and rotate through five trades departments. Students will earn 12 credits (3 x grades 12 elective courses) and complete work-related certifications such as WHMIS, WCB First Aid Level 1, etc. To find out more about this program contact Rob Gowan-Smith, rob.gowansmith@sd68.bc.ca.

Introduction to Trades – Registration is OPEN (16 credits – CTC Campus)

This is a cohort program that allows students to complete two academic classes (usually Math + English/Communications) and two construction courses. Students will learn about building construction trades such as carpentry, plumbing, electrical and some welding. To find out more about this program contact Rob Gowan-Smith, rob.gowansmith@sd68.bc.ca.

Dual Credit Enrichment – Registration OPENS April 2017

Grade 11 students that have 3A's and a B could get a head-start on completing university course(s) during grade 12. Students will earn both high school elective credits and university course credits by attending university during grade 12. There is an Information Session, Wednesday, Feb. 15, 6:00-7:30 pm, VIU Theatre, Building 310. To find out more about this program contact Roxanne Boyko, rboyko@sd68.bc.ca, 250-713-4581. (registration OPENS, April 2017)

Work Experience – Registration is OPEN

Students can learn and earn! Students can earn 4 credits (grade 12 elective) by working (volunteer or paid) and completing work-ready assignments or certification training. Students do not need a job to register for work experience. Students must register online and then arrange to meet with Roxanne Boy-ko (see school counselor for sign-up sheet) to complete a school orientation. To find out more about this program, contact:

Roxanne Boyko, *rboyko@sd68.bc.ca*, 250-713-4581.

"Volunteer" Work Experience Opportunity - Graphic Design/Computer Drafting/Photo Editing

Students interested in gaining industry related work experience in graphic design can contact Rob Gowan-Smith for more details, rob.gowansmith@sd68.bc.ca, 250-816-0119.

# CTC/VAST /LEARNING ALTERNATIVES

A reminder that CTC, VAST and Learning Alternatives, while a physical part of our school, have their own phone line, 250-740-2013 and store all of their student records in their own office. The office for these programs is located in the technical wing of the school (near the band room and automotive shops), in Meeting Room B.

CTC and VAST would like to thank Pam Graham for all of her work here and wish her well as she moves on to her new position. In her place, we welcome Sandra Fox as a great new addition to our team! We would also like to welcome Barb Foston CYFSW, and Devon Slater, secretary.

NANAIMO DRY GRAD Next meeting December 15, 2016 at Wellington Secondary School at 7:00 pm in the Library.

# All welcome!

#### PROM

Please note that Prom is a parent run activity that has no connection to NDSS. Any questions may be directed to the following contact person: Kathy: <u>kathykrs@shaw.ca</u>